Medic Support is a confidential service that provides support to undergraduate and postgraduate students in the School of Medicine as well as doctors across the NHS who may have performance or health issues impacting on their wellbeing.

Referrals to Medic Support should be made via the designated contact, such as supervisor or programme director, unless an individual self-refers by completing the online self-referral form. We will endeavour to offer an initial appointment within one month.

**How we can help:**
- Study skills
- Exam support
- Presentation skills
- Time management
- Coaching
- Language skills
- Communication skills
- Work/life balance
- Open Access on Wednesday afternoon

Medic Support works closely with and signposts to other University Services such as Occupational Health, Student Support Counselling Service, Career Counselling as well as helping to signpost to other support services in Wales such as self-help groups.

Professor Debbie Cohen OBE, leads the team that includes highly skilled GPs and consultants with a special interest in communication and occupational health, chartered occupational psychologists, a language and communication specialist, academics and administrators.

**Points to note:**
- We are a confidential and independent service
- Case notes will be kept and shared with the team, however all discussions with our clients are confidential